

# Preliminary List of Presenters

at the International Conference “Freedom – Our Responsibility”  
kick-starting a New Culture of Sustainability, Empowerment and Integrity

Bloemfontein, South Africa, 26 – 30 September 2014

**Name** (alphabetical order)

**Topic**

## Keynote

**Jonathan Jansen, South Africa**  
Rector & Vice-Chancellor of the University of the Free State

### Keynote Speaker

Jonathan Jansen is Rector and Vice-Chancellor of the University of the Free State and he is the Honorary Professor of Education at the University of the Witwatersrand and Visiting Fellow at the National Research Foundation.

Jansen is a strong proponent of intellectual freedom and the first black president of UFS. After he was appointed he subsequently initiated a process for campus-wide racial integration among students.

In 2010 The University was awarded the World Universities Forum Award for Best Practice in Higher Education which praised amongst other the racial integration and harmonisation of the student community.

Oprah Winfrey, on receiving her honorary doctorate from the university, called the transformation of the university as “nothing short of a miracle” when referring to a severe incident and the subsequent racial integration.

## Speakers of the Main Program

**Hans Rudolf Herren, Kenya, Switzerland, USA**  
Winner of the Right Livelihood Award 2013  
and the World Food Prize

### Sustainable Ecological Development in Agriculture organic pest control to improve crops, nutrition and the basis to sustain life

Founder and President of *Biovision - Foundation for Ecological Development*,  
President of the *Millennium Institute* in Washington DC (USA).

Herren was honored with the prize due to his success in combating the cassava mealy bug, a pest rampant in all of Africa, with wasps and ladybirds – a chemical-free method which incurred no costs to farmers.

The “Push-Pull-Method” as an integrated, sustainable way of farming that dramatically improves maize yields and soil fertility. In this way Herren prevented mass famine. At the *Institute for Insect Physiology and Ecology (ICIPE)* in Nairobi Herren subsequently made sure that intensive research was undertaken to find new methods to control pests that infest plants, destroy crops, kill animals and spread hunger and disease. He developed the *ICIPE* into a world-leading centre of excellence - particularly in the area of malaria mosquito control.

Herren co-chaired the *International Assessment of Agricultural Knowledge Science and Technology (IAASTD)* with Prof. Judi Wakhungu and is currently involved in making sure that a Change in Course of Global Agriculture is reflected in the *Sustainable Development Goals(SDGs)* currently being defined to replace the *Millennium Development Goals* after 2015.

**Vincent Rasekoane Mabulu, South Africa &  
John A Tesha, Tanzania  
Executive Secretary of the Africa Forum**

### **Business Responsibility – A holistic Approach to Complex Challenges**

Business responsibility story (4 minute pre-cursor is a short movie with the challenge and opportunity of the Eastern Cape, Emalahleni project)

Vincent Rasekoane Mabulu, a South African business entrepreneur relates his story as it unfolded since he won a tender to build houses in rural areas. He relates to different challenges, risks and also opportunities for ensuring self-reliance for rural communities. He also will share how critical it is to provide a holistic approach to complex rural challenges and that all community stakeholders should be part of a solution. This is an example for rural development - something which so many investors are skeptical about.

Vincent R. Mabulu worked with the ISCM Foundation to develop a concept that would be holistic for the community and for investors – marrying societal welfare with solid investment returns. Guest speakers share the ideals of and how the Emalahleni project relates to the development projects in rural Africa.

Vincent R. Mabulu is Executive chairman Vinm Holdings and President of ‘Arch – M Studio’ and also sits on various boards as non – executive director. He studied towards a Bachelor of Architecture (B. Arch) – SAIT (now University of South Australia), GAS Company Prize for final year Thesis. He served as Junior Architect from 1985 – 1987 at ‘Househam Mcpherson Henerson’ before founding Archi–M studios. He is Managing Director of ‘Archi –M Studio’ (Bloemfontein) which is responsible for the design and project supervision as well as general management of the company. Notable projects completed by ‘Archi – M Studio’ being Eskom Head Quarters Extension; Lesotho Palace of Justice; Design and supervision of U.N Office Complex in Maseru.

### **John Tesha, Executive Secretary of the Africa Forum**

“It will be argued that the Emalahleni project in Eastern Cape embodies a very unique paradigm for the overall efforts towards social and economic transformation in Africa. Its major significance is in its strong narrative on the appropriate approach to address complex social and economic initiatives. We place emphasis on the need for a holistic and integration in addressing complex

issues related to the overall demands and aspirations of the rural communities. In our view the Emalaheni Project has the potential of doing that. The Project is by definition a pro-poor project in both its conceptualization and implementation. It is precisely for this reason that we, at the Forum for Former African Heads of State and Government commonly referred to as Africa Forum pay deserved tribute to Mr. Mabulu, a South African business entrepreneur who accepted the enormous challenge to change the living conditions of the communities not only by providing house but also jobs and other social amenities. We have followed very closely the various related to what has unfolded since he won a tender to build houses in rural areas. Mr. Mabulu, in our view, relates to different challenges, risks and also opportunities for ensuring self-reliance for rural communities

In our presentation we shall elaborate more on our views on this important project. We regard this as flagship project that could easily be replicated throughout the continent. Indeed, the project complex as it might seem relates directly to the demands and aspirations of rural communities all over the continent. It has a great potential for curbing rural/urban migration by creating better living conditions in the rural areas and communities. The Eastern Cape Emalaheni Project shares the ideals of Africa Forum and how the Emalaheni project relates to the development projects in rural Africa. Speakers Conference presents an excellent opportunity to share various experiences on how best to address the rural question.”

**Arun Sam Amirtham, Switzerland, India**

### **The Significance of Solar Photovoltaics and other Forms of Renewable Energies in the Transformation to a Sustainable Society**

Arun Amirtham is solar entrepreneur and founder of swissmango, a pioneer in rural electrification. He is a staunch advocate of the UN Sustainable Energy for All initiative to ensure universal access to modern energy services. Just as mobile telephony has changed the communication landscape worldwide over the past two decades renewable energy - especially solar photovoltaics - has the potential to transform the access to energy services for the 1.4 billion people who are not connected to the grid, over the next two decades. Many of them reside in sub-Saharan Africa. Luckily, the region is blessed with abundant sunshine, which makes the use of solar electricity extremely viable. Energy generation becomes perfectly scalable, customers are turned into entrepreneurs and the remotest regions can be reached since everyone is connected to the sun! A combination of appropriate technology, capacity building and affordable financial models are necessary to leverage the technology in the interest of local communities worldwide.

**Judith Anger, Austria  
Johann Peham, Austria**

### **Water Retention System to let semi-arid Land turn Green - 'Holzer's Permaculture'**

Permaculture is "permanent agriculture". Its intention is the conscious design and maintenance of agriculturally productive ecosystems

which have the diversity, stability, and resilience of natural ecosystems. It is the harmonious integration of landscape and people providing their needs in a sustainable way. The philosophy behind permaculture is one of working with, rather than against, nature and of looking at systems in all their functions, rather than asking only one yield of them. The Team of Judith and Johann intend to provide a practical model at Platfontein as a start for self-sustainable agriculture in a semi-arid area. They will bring the reports of many other areas worldwide where permaculture has been successfully applied.

## **Ekuru Aukot, Kenya**

### **Leadership and Integrity in the light of the Constitution**

Aukot is currently the Chief Technical Advisor to the Liberian constitution review process and has a wealth of knowledge, experience and expertise in the areas of constitutional law, policy, human rights, governance and forced migration.

Since 2010, Ekuru Aukot, travelled to speak on the Kenyan Constitution building experience to various groups in Africa, USA & Europe.

In 2011 Aukot has successfully directed the writing of Kenya's new Constitution.

He is Chairman of Council of *Jomo Kenyatta University of Agriculture and Technology (JKUAT)* as well as of the *Inter-Public Universities Councils Consultative Forum (IPUCCF)*.

He is an advocate of the High Court of Kenya, and a Proprietor of *Ekuru Aukot Law Consulting* and consulted corporations and Governments (e.g. Republic of South Sudan)

He has taught Constitutional & Administrative Law and Law of Refugees & IDPs at Universities of Great Britain, Kenya, Uganda,... and has been an editor of the African Section of the *Refugee Law Reader*. Aukot is writing his memoirs, "*A Constitution is Not a Shopping List*", on the Constitution-building and implementation process in Kenya.

Recently Aukot was invited by the African Union to speak on the subject of 'Unconstitutional Removal of Governments and Popular Uprisings' at a meeting in Pretoria. He is convinced that such uprisings are a product of failure of leadership to live up to people's expectations, as the examples of Kenya, South Sudan, Liberia, Tunisia, Egypt,... show. He spoke about the constitution making process and experiences.

*The Ekuru Aukot Foundation* supports education of nomadic and pastoralists boys and girls.

His interest in the better governance of Kenya led him to co-found the G47, a political trust advocating for alternative leadership in Kenya in the light of the Constitution on Leadership and Integrity; and where he is also its chief Spokesperson.

## **Acuil Malith Banggol, South Sudan**

### **Inclusive Governance for Unity in Diversity**

Acuil M. Banggol is very active and innovative in the peace building process of South Sudan. With great engagement in the fields of sports (TWIC Olympics), agriculture (SUPRAID), policy design and business he hopes to promote peace, harmony and interdependence. He is currently a Secretary in the ruling party Sudan Peoples' Liberation Movement (SPLM).

As a business person he has a centre called Policy Advocacy and Strategic Studies (PASS). Acuil M. Banggol trains and facilitates workshops and conferences on policy advocacy and in conflict resolution. He is a Board Member of Gurtong Peace Project, Secretary General of South Sudan Basketball Federation and has been nominated to support the formation of South Sudan National Olympic Committee.

Acuil M. Banggol considers the need to search for inclusive governance that is responsive to South Sudan multinational and multicultural values as high priority.

Three important points for Inclusive Governance:

- commune federalism as a foundation of either states or regional federalism
- a mode of democracy that incorporates representative democracy and multiparty democracy complemented with Inclusive Democracy that is responsive to demands on affirmative action not only on gender but on cultural values
- direct democracy that allows and mandates results of plebiscite and referenda.

**Ray Minniecon, Australia and  
John Bond, UK**

### **Healing the wounds of the past - Australia's Sorry Day and Journey of Healing A multi-media story in words and song.**

In Australia between 1910 and 1970, tens of thousands of Aboriginal children were removed from their families in an attempt to assimilate them into the culture of white Australia.

In 1997 the report of an inquiry into these policies brought to national attention their tragic outcomes.

The Australian Government attacked the report and refused to apologise. But 11 years later, the Australian Parliament came together in a unanimous and wholehearted apology.

Decisive in this change of heart was a community movement of a million people who signed Sorry Books, organized a nation-wide Sorry Day in 1998, and throughout the following decade took part in a Journey of Healing which worked for truth, healing and justice for the Stolen Generations.

**Ray Minniecon** is a member of the Gubi people of Queensland, lives in Sydney, and is a former Chair of the National Sorry Day Committee. He has done much work towards healing among the Stolen Generations of Aboriginal people. He is articulate, and will contribute greatly to the topics of the Conference.

**John Bond** was the Secretary of Australia's National Sorry Day Committee from 1998 until 2006, and was awarded the Medal of the Order of Australia for his commitment to Sorry Day and the Journey of Healing.

He worked with Initiatives of Change in Ethiopia and Zimbabwe for 10 years. He now lives in Oxford, UK, and coordinates the conference on Just Governance for Human Security, which brings several hundred people annually to the Initiatives of Change conference centre at Caux, Switzerland.

**Joss Brooks, Australia, India**

**Regeneration of Wasteland; Sustainable Livelihood in South India**

Livelihoods of people in rural India have been under severe stress over the last decade due to the effects of globalisation. Joss Brooks applies architecture, design, technologies and conservation practices. Each project is connected with the others in symbiotic ways. Joss Brooks discovered his love for protecting Nature and learned skills for wasteland restoration.

He started the long process of healing what looked like forgotten land. In the 1970s, it was a tough call. Using wooden ploughs and bullock carts they planted trees, grew bio-fences, dug wells, erected a windmill and built earthen bunds to stop erosion by rainwater. They brought back the grass cover and grew food crops, while living off the land frugally.

In Adyar Poonga his team removed 60,000 tons of garbage and rubble from the site. He created waterbodies, and around them planted 90,000 seedlings of 172 indigenous species. Under his brand of restoration ecology, the city dump has had an unimaginable make-over. It has an Environmental Education Centre, and a children's interactive area. The nursery has specimens for medicinal plants, models for solid-waste management and renewable energy. Brook's goal: Chennai - a city of clean waterways and lakes.

**Marina Cantacuzino, Great Britain**

**Forgiveness – A moral Minefield; Founder of the ‘The Forgiveness Project’**

Marina Cantacuzino, journalist, in 2003 started collecting personal stories of atrocity and terrorism which drew a line under the dogma of vengeance. The Forgiveness Project is UK based, not-for-profit, unaffiliated to any religious and political group. It explores forgiveness and reconciliation through individual real-life stories and promotes alternatives to violence and revenge. Marina Cantacuzino is a *Huffington Post* blogger.

**Anthony Duigan, South Africa**

**Workshop for Africa - A Pan-African Programme for building Ethical Leadership and Good Governance in Africa.**

Anthony Duigan was born in Pretoria, South Africa, studied philosophy, psychology & theology in Ireland and Rome before becoming a newspaper journalist for 13 years.

He went into corporate communications, public relations strategy and speech-writing for executives for 15 years before co-founding the local branch of John Carlisle Partnerships, an international consultancy in project collaboration and effectiveness, in 1999.

Currently Anthony Duigan is coordinator of Workshop for Africa, a Pan- African programme for building ethical leadership and good governance in Africa.

**Ginn Fourie, South Africa**

### **Conciliation & Cooperation, Healing the Trauma**

Mother of Lyndi, who died in an attack by freedom fighters during the apartheid wars.  
Conciliation with the perpetrators and the commander of the attack.  
Co-Founder and director & public officer of the Lyndi Fourie Foundation.  
Former senior lecturer for Physiotherapy at the University of Cape Town.  
International engagements: Conciliation and Collaboration for Empowerment & Peace  
and facilitating Trauma Healing workshops  
Director and organizer of the *Platfontein Youth Empowerment Project*  
Latest documentary: “Beyond Forgiving”

**Grethe Fremming, Denmark**

### **The Psychology of Joy**

‘Freedom – Our Responsibility’ is not primarily about freeing us from suffering and securing our own happiness. The spiritual path begins to get interesting when we recognize that transforming ourselves in the deepest possible way is in fact an evolutionary imperative, with profound consequences far beyond ourselves.

Not only in the quantum physics, but also in daily life we have a growing recognition of the changing raiment of the universe, challenging us with new confrontations.

We have to adapt to the new dimension of reality to replace the solving of problems with the ability to create.

Grethe Fremming is the founder and director of the Polaris International College near Copenhagen, Denmark. She is pioneer in the field of specialized kinesiology and well known in Europe, Australia and the United States for foundational and innovative research and practice. Her dream is to accompany people (especially young people) to empower themselves to walk their path to freedom – a path of responsibility and cooperation: thus creating a new culture of sustainability, empowerment and integrity.

**Pumla Gobodo-Madikizela, South Africa**

### **Acknowledgement of Responsibility for the Past is Essential for Reconciliation: The Problem of Denial of Complicity**

Pumla Gobodo-Madikizela is a Senior Research Professor in Trauma, Forgiveness and Reconciliation Studies at the University of the Free State. Her current research applies the insights emerging from her study of forgiveness to explore the dynamics of empathy and the transformative shifts that open up in dialogue processes between former enemies in the aftermath of historical trauma.

Her books include the award-winning *A Human Being Died that Night: A South African Story of Forgiveness*, for which she won the Alan Paton Award in South Africa, and the Christopher Award in the United States. Her other books include *Narrating our Healing: Perspectives on Healing Trauma*, as co-author; as co-editor of *Memory, Narrative and Forgiveness: Perspectives on the Unfinished Journeys of the Past*, and as editor of the forthcoming volume,

*Breaking Intergenerational Cycles of Repetition: A Global Dialogue on Historical Trauma and Memory.*

Her honours include: an Honorary Doctor of Humanities from Holy Cross College, Worcester, Massachusetts, 2006, the Eleanor Roosevelt Award, 2007, being honoured among “100 People who Made a Difference” in the Permanent Exhibit of Hall of Heroes in the National Freedom Centre in Cincinnati, Ohio in the United States, 2005, and the Social Change Award from Rhodes University, 2010.

**Gita Goven, South Africa**

**How projects can be used as a catalyst for regenerative development - based on 2 case studies**

**Eco-Architecture, Community Building, Water Resource Management**

Gita Goven is one of South Africa’s foremost regenerative development thinkers and leader. She has pioneered a practice of socially and environmentally transformative design. She engages the disciplines of Urban Design, Planning and Environmental Management, Architecture and Landscape Architecture, and Water and Food security systems. Gita Goven and her company have received numerous awards and accolades for their work in sustainable built environment.

She currently chairs the team of the Wescape regenerative settlement design project to build 200’000 households in a regenerative city extension to the city of Cape Town. She also chairs, communiTgrow, a company that has developed a regenerative approach to sustainable city making in Africa.

Gita Goven chairs the Sustainability Institute Board and served on the Provincial inter-ministerial advisory board of GreenCape and on the climate change think-tank process of the City of Cape Town and the African Centre for Cities.

**Howard Grace, Great Britain**

**Documentary Film: “Beyond Forgiving – A South African Story”**

Executive Director of the Film *Beyond Forgiving*.

After studying physics and 14 years working on a voluntary basis with Initiatives of Change, mostly overseas in the 1970s, he spent three-and-a-half years in South Africa with his young family supporting friends who were engaged with bringing change to their country. But in 1979 had to leave at very short notice due to falling foul of the security police. At the age of 40, back in England, he trained to be a mathematics teacher. In 1995 he developed a programme going into senior High Schools to stimulate thought about purpose in life and motivation.

In 2003 he met Ginn and Letlapa and invited Letlapa to join him in this programme for six weeks. The impact that this made eventually led to Howard deciding to make a film of the story so that it could reach out to the world. With director Imad Karam and a camera man he went back to South Africa for the first time in 33 years to do the filming for *Beyond Forgiving*.

For him it is especially fulfilling to be able to support the telling of such an inspiring story emerging from that painful era. His focus is on the use and promotion of the film internationally.



## **Paul Hoffmann, South Africa**

### **The Bill of Rights and Constitutional Accountability**

As the constitution forms the basis of the new liberated society, Paul Hoffman gives a clear indication and direction to how governance would be enacted by the Government of the day. It forms the fundamental framework by which the leadership is held accountable in fulfillment of the Bill of Rights of all its citizens. It is thus important having an active and vociferous civil society that holds government leadership directly accountable, using all forms and tools available to it, as enshrined in the constitution. This makes for a healthy and vibrant society. Paul Hoffman has an outstanding record as an advocate of the South African Bar (legal institution Bar Counsel) and a history in the field of human rights. He directs the 'Institute for Accountability' and has directed this NGO in the practice of human rights application with specific focus on constitutional rights implementation and exposure of corruption and in this regard has been in the forefront of ground breaking legal battles including housing and the arms deal case, which is currently in progress. Paul has also produced small publications on the Bill of Rights and other legal awareness issues for public use.

## **Mudini Maivha, South Africa**

### **Panel: Food Security and Land**

Mudini Maivha is Chairman of the Midvaal Farmers' Co-Operative, banking expert and journalist at the Zimbabwe Inter-Africa News Agency, The Star, City Press, Sunday Times. He is Regional Secretary of Media Workers Association of S.A (MWASA), Branch Chairman of Zimbabwe Union of Journalists (ZUJ.) and member of the Reference Group for Presidential Pardon (Considering and recommending pardon for political offenders by the State President). He says 'To achieve access to food by all, we must deal with land as a basic and principal resource; the role of role players in the entire value chain from Government, farmers, fresh produce markets, supermarkets and consumers. We must attend to the impact of input costs, declining incomes and or increasing unemployment.'

## **James Lado Olimpio Mali, South Sudan**

### **Healing of the Traumatized Hearts through Reconciliation**

Born in April 1985 in Kuda Boma in South Sudan, disabled in 1988 when three years old - as a result of the two decades of civil war in South Sudan. Basic school in the bush under a tree, secondary school in Yei and the O-Level certificate in Uganda.

James Lado Olimpio Laku is now helping his people as a volunteer teacher in Kuda Boma and peace mobilizer in his area. Since 2014 he studies at the teachers training college.

His Vision: "To observe peaceful co-existence within the communities and the potentials for self-reliability"

Ideas: - Building recreational centers for the youth in the community as a peace-building process (each including football club, skills training such as carpentry, building, tailoring etc.)  
- Home science, fellowship and adult literacy program

- Awareness campaign on GBV, peace building and reconciliation  
Aspiration: Teaching about forgiveness and the importance of change, which will improve self- commitment and confidentiality

### **Bedan Mbugua, Kenya**

#### **Courage to wave Relentless War against Corruption – A Personal Experience**

Bedan Mbugua contested for the position of a Governor in the last Kenya's General Elections. He now serves as CEO of a new media house known as 'Fountain Media Group'. The vision of that media group is to celebrate 'good' in the society and individuals. Former Regional General Manager of Royal Media for the last eight years Kenya's largest media organization; former journalist. Editor in Chief of *People*, a daily newspaper; former editor of *Beyond*, a magazine banned in 1988 after exposing government rigging in elections. He was jailed for nine months by the state. He again was jailed for six months for exposing corruption in the Judiciary in 1994. 2009 Bedan Mbugua and Archbishop Desmond Tutu were invited in Solomon Islands to reconcile warring groups. Bedan spoke about 'courage to face truth'. Bedan Mbugua holds a BA in Communications; Diplomas in Pharmacy (3 years) and cross-cultural communications (2 years). In 1979-80, he studied human rights law on a six-month fellowship in University of Philippines, Manila and Washington College of Law (American University), sponsored by the International Institute of Education in Washington. Bedan Mbugua steps up against corruption and 'Walks his Talk' – even if he is put to jail for that!

### **Vusamazulu Credo Mutwa, South Africa**

#### **Dreams for my People**

Baba Credo as he is known as an Elder and official Historian of the Zulu people, is a Sanusi, the higher order of Shaman or Sangoma (Traditional African Healer) in South Africa. Born in Kwa-Zulu Natal in July 1921, He now lives in Kuruman, Northern Cape with his wife and ritual sister Virginia, who accompanies him on speaking events. They are extremely concerned about the low moral tone being exhibited in South Africa, Africa and the world. Baba Credo has a great heart and many talents, amongst them writing, painting and sculpting. He has written the following books: *Indaba, My Children, Zulu Shaman: Dreams, Prophecies, and Mysteries, Songs of the Stars, Africa Is My Witness, The Reptilian Agenda, My People, the Writings of a Zulu Witch-Doctor*

### **Georgette M. Norman, USA**

#### **On the Road to Human - an attempt to promote a more humane and informed way to look at moral choices we confront in our daily lives**

Georgette M. Norman, Museum Director of the Rosa Parks Museum at Troy University, Montgomery, Alabama, USA

She talks about the prerequisites for personal and group empowerment and self-determination. Does the elimination of discrimination and social inequities strengthen our nation and protect the rights of all people? Shouldn't the emphasis be first and foremost on human rights?

**Platfontein Leadership, South Africa  
in Collaboration with “The Platfontein San  
Dispute Resolution Field Research Team”  
Dries Velthuisen, IDRA, UNISA Pretoria**

### **Conflict Resolution & Traditional Justice System of the San People**

The San People had their own systems for conflict resolution and justice since centuries. Nowadays they collaborate with the official justice system to negotiate solutions in criminal cases of their own people. Their restorative approach with the goal of conciliation between perpetrator and victim is fascinating and might be role-model for other justice systems. A collaboration with the 'Institute for Dispute Resolution in Africa' IDRA, UNISA Pretoria.

**Rommel Roberts, South Africa**

### **Poverty Alleviation in a Post War Society**

Rommel Roberts has a theological background and has been a human rights activist of several years standing dating back to the early 70s and has a history dotted with a symphony of elements that include periods of imprisonment, leading massive boycotts and successfully concluding a 10 year long struggle against the hated pass laws. He recently published a book in German detailing human rights stories of forgotten heroes of the struggle against apartheid. He worked closely with Icons like former Archbishop Desmond Tutu and facilitated numerous human rights and development organisations throughout the country, some of which he formed and headed up like the Quaker Peace Centre in Cape Town and a current rural development institution, Hilltop empowerment centre in the Eastern Cape. Rommel has remained committed to the liberation of the poor and oppressed through many current initiatives and brings to the conference a vast array of experiences that integrate development with restorative justice and reconciliation.

**Yeah Samaké, Mali**

### **Literacy & Education for all – Bringing real, sustainable & lasting change to Mali**

Social entrepreneur and politician from Ouelessebouyou, Mali. Samaké is the Managing Director of the Empower Mali Foundation, the current Mayor of Ouelessebouyou, Vice President of Mali's League of Mayors, and was a candidate in the 2013 Malian presidential election. Yeah Samaké is interested in enhancing his people's educational level as a base for a strong economy and true democracy.

**Skills Education College, Switzerland**  
**Beatrice Gregus**  
**Sandra Rindler**

### **'Vocational Skills Education System' - Skills & Academic Education with Benefit for Economy and Society**

**As an example: the Skills Education Nursing College Thurgau, Switzerland**

Sandra Rindler and Beatrice Gregus, Teachers of Trade, Bachelors in Science of Nursing, present the Swiss 'Vocational Skills Education System', where skills and academic education are rotationally taught.

This system has a long tradition in Switzerland and it is one of the keys to a successful access to the economic world and crucial for a low unemployment rate of the youth.

It opens the door to lifelong learning and development of economic power and social and political competence; a model that has currently been studied by many nations and that is applicable anywhere - an extremely empowering concept.

**Eve Thompson, DR Congo, USA**

### **Political participation of Women in Africa**

Resident director for the National Democratic Institute NDI in the Democratic Republic of Congo (DRC). She works with politicians and political parties in DRC to strengthen their capacity to lead & effectively represent popular will. Within that domain, Eve works particularly on the empowerment of women & youth, mainstreaming them within the context of political participation.

Thompson led a U.S. government-funded project to strengthen civil society activists in the DRC to advocate for better, more transparent and participatory governance.

She has worked as a manager and consultant on various international projects in Africa, the Middle East and South America in the areas of democracy and governance, leadership and human rights.

She also spent many years in South Africa, supporting the transition to democratic rule and providing research assistance to constitutional negotiators from liberation movements. She also oversaw the U.S. contribution to the observer efforts in the country's historic elections in 1994.

Eve Thompson is interested in eco-villages that have a multicultural and spiritual emphasis and is committed to multiculturalism and to creating a society that embraces those ideals.

**Antony V. Trowbridge, South Africa**  
**Winner of the Stockholm Challenge and a**  
**World Bank Development Marketplace Award**

### **Workshop: Empowering and educating communities for rural development**

Antony Trowbridge is an architect with many years experience in the design principles of famous American innovator, Buckminster Fuller. He was a planning consultant to Gold Fields, one of South Africa's major mining companies, and served on numerous committees related to the redesign of the company's own organisation and its mine housing. In 1995 he won the South African INTERBOU Award for the concept of e-villages as economically viable and ecologically sustainable human settlements.

Trowbridge is the Founder of **INTER AFRIKA PLAN** and author of the 'Peace and Development' Open Distance course of self-instruction in 'Cooperative Governance', 'Ethical Leadership' and 'Community Economics'. He has won several national and international awards. 2000 he was

awarded for his e-village and community economics designs, implemented in the remote Kgautswane Village in Limpopo, South Africa.  
Antony Trowbridge is currently working with rural development initiatives set up by Zulu King Goodwill Zwelithini, and Korana King, Josiah.

### **Wilhelm Verwoerd, South Africa**

#### **Sharing Life Histories - Humanising Relationships**

Wilhelm Verwoerd was born in South Africa and since 2002 has worked extensively with ex-combatants and survivors from all sides of the conflict in and about Northern Ireland. He is the author of *My Winds of Change* and many other books and publications. When working closely with Alistair Little, they developed the *Journey through Conflict* process. (see [www.beyondwalls.co.uk](http://www.beyondwalls.co.uk))

Wilhelm Verwoerd grew up during the heyday of the system of Apartheid, within a white, Afrikaner family and with former Prime Minister Hendrik Verwoerd as grandfather. It took Wilhelm more than 20 years to truly face up to the systematic dehumanisation of Apartheid, leading him to join the African National Congress in the early 1990s and to work as a researcher within the Truth and Reconciliation Commission. During the 1990s Wilhelm was also a lecturer in Political Philosophy and Applied Ethics at the University of Stellenbosch.

At the end of 2012 Wilhelm moved back to South Africa to help develop the work of Beyond Walls in that challenging context.

### **Paul Weinberg, South Africa**

#### **The San of Today (photographic and film contributions); Moving Spirits, workshop/panel on Telling Stories and Making a Difference**

Paul Weinberg is a photographer, occasional filmmaker and writer, teacher, and archivist. He has worked extensively on human rights issues concerning indigenous people and land. His in-depth documentation about the lives of the modern San living in Namibia, Botswana and South Africa (including Platfontein) culminated in a number of exhibitions and books including *In Search of the San* and *Once We Were Hunters*. His project *Moving Spirit* which he will talk about, explores spirituality in South Africa and the diverse and rich practice of spiritual engagement within South Africa. Paul Weinberg was a founder member of Afrapix Photographic Agency, well known for its uncompromising stand and visual portrayal of the apartheid system and the resistance to it and later helped establish South Photographs, a family of South African documentary photographers. He presently is a curator of Visual Archives at UCT Libraries and teaches photography and film in a Documentary Arts Masters Programme, Centre for Film and Media Studies at UCT.

## Lectures (alphabetical order)

### Acuil Malith Banggol, South Sudan

#### **Role and Status of Traditional Authority Leaders in 'Taking Towns to Rural Peoples' in South Sudan**

Acuil M. Banggol is very active and innovative in the peace building process of South Sudan. With great engagement in the fields of sports (TWIC Olympics), agriculture (SUPRAID), policy design and business he hopes to promote peace, harmony and interdependence. He is currently a Secretary in the ruling party Sudan Peoples' Liberation Movement (SPLM). As a business person he has a centre called Policy Advocacy and Strategic Studies (PASS). Acuil M. Banggol trains and facilitates workshops and conferences on policy advocacy and in conflict resolutions. He is a Board Member of Gurtong Peace Project, Secretary General of South Sudan Basketball Federation and has been nominated to support the formation of South Sudan National Olympic Committee.

'Taking Towns to Rural Peoples' in South Sudan is a popular view that sociology-polity-economic, cultural and public administrative institutions of modernization in towns and provision of basic social services be taken from town to rural areas, the indigenous people. This is with the aim to make them part of globalized and information technology world.

### Karen Barendsché, South Africa

#### **Global Alliance for Ministries and Infrastructures for Peace - GAMIP**

GAMIP is a community of dedicated individuals, organizations and autonomous campaigns from around the world working to establish effective infrastructures for peace—particularly government level ministries and departments for peace. Every two years, this group holds an international Global Alliance Summit to bring together leaders, stakeholders and civil society members from around the world to collaborate and learn about peace infrastructure initiatives and best practices taking place on a global scale.

GAMIP hosted its 5<sup>th</sup> international summit in Geneva in September 2013, where a Draft Resolution was presented to the UN, calling for the establishments of *Ministries and Infrastructures for Peace* in every country in the world, developing peace infrastructures within countries and regions, using a small percentage, of the Defence budget of each country, for example. A number of positive and practical outcomes from that summit are remarkable and practical and being implemented. I hope it inspires us all to keep on going despite the many challenges.

Karen Barendsché is Executive Director of the South African Peace Alliance and the International Summit Planning Team.

**Daya Bhagwandas, Malaysia, Australia**

### **Neuro Education Program**

Neuro Education is the body of knowledge linking brain development, human evolution, life and learning. Daya's work with neuro education with all ages is about supporting the foundations for achieving our human potential. She uses neuro sciences as the platform to understand the physical, physiological, emotional, social and intellectual demands of life. Drawing on insights from early childhood development, adults can learn to improve the way they organise themselves in life and as learners. Daya will be unpacking the different dimensions of our human journey by making the connection between the human physiology, human brain and empowering the human potential in her lecture and workshop.

Daya Bhagwandas has worked in the field of education and early childhood learning with 'normal' and challenged children and adults for a period of 20 years. She achieved her qualifications and work experience in Australia, Malaysia, USA, Europe and India: Neuro Education and Sound Therapy, Speech Pathology And Audiology BSc India.

**Marina Cantacuzino, Great Britain**

### **Forgiveness – A moral Minefield**

#### **Founder of the 'The Forgiveness Project'**

Marina Cantacuzino, journalist, is the founder and director of The Forgiveness Project, a UK-based non-profit, non-partisan and non-religious initiative, that uses the real stories of victims and perpetrators to examine how ideas around forgiveness, reconciliation and restorative justice can be used to impact positively on people's lives – thus promotes alternatives to violence and revenge.

In 2003 Marina Cantacuzino started collecting personal stories of atrocity and terrorism which drew a line under the dogma of vengeance. She uses them in her lecture to explore the complexity and the notion of forgiveness as being something that is morally unassailable or an imperative within psychology. Marina attempts to unpick, examine and grapple with the concept of forgiveness as difficult, costly and painful – but also healing and transformative. Marina Cantacuzino is a *Huffington Post* blogger.

**Alicia Cardel, Philippines**

### **Nurturing the Basic Root of Leadership**

Freedom is the fruit that grows and flourish when people exercise true and positive leadership beginning with themselves- where they are at and in whatever situation they are in. Nurturing the growth of leadership that brings forth freedom starts with oneself and in one's own environment - in the family. Find out how your personal commitment to developing your own leadership potential is important not only for your own growth but also for strengthening the spirit of freedom.

Alice Cardel – born in the Philippines - lived and worked as a community development worker and activist in Latin America - based in Brazil with outreach to Argentina, Uruguay and Chile. She also lived in the Pacific, based in New Zealand, with outreach to Australia, Papua New

Guinea, Fiji and other islands.

She studied in the Philippines, trained in peace building at the Lester B. Pearson Peacekeeping Institute in Nova Scotia, Canada and studied for her Master's degree in Public Admin. at Columbia University, School of International and Public Affairs (SIPA), New York.

Designed, delivered and facilitated workshops and seminars on leadership and team building to students, community, civic, business leaders and NGOs.

Worked in the foreign office (Manila) as special assistant to the Foreign Minister for Asia Pacific Affairs. She was program director of Global Education Associates (GEA) in New York and Director of International Training, Initiatives of Change (IofC) based in Geneva, Switzerland.

She delivered training in Canada, USA, Japan, Taiwan, Hong Kong, Malaysia, Philippines, South Africa, Ethiopia, Lesotho, France, the Netherlands, Ukraine and Switzerland.

Presently, UN Consultant on Building New Leaders' Competencies.

## **Sue Hanisch, Great Britain**

### **Remediating Trauma**

Sue Hanisch is an Occupational Therapist, Expert Witness and Human Givens Practitioner. She graduated from Salford University in 1979 and has worked in many locations in the UK and overseas for many years.

In 1991 she was severely injured by a terrorist bomb in Victoria Station in London.

Since becoming an amputee she has gained much personal insight into physical disability, Post Traumatic Stress along with the lasting effects of trauma on the body.

Sue now works with children who have experienced severe trauma, as well as other individuals who require relief from traumatic events including returning and active service personnel.

She also works overseas with survivors from violence and wars and in refugee camps as well as with displaced persons who live in extreme hardship.

Sue is part of the Sustainable Peace Project in Northern Ireland and works with ex-paramilitaries. She is also part of the Legacy Project at the Peace Centre in Warrington as well as doing work for the Forgiveness project.

By using the "Human Givens Approach" to development and change, Sue helps individuals to understand their own emotional needs. She teaches them how to understand how their brain is working in adapting/refusing to change following trauma. The Human Givens Approach is a model of psychotherapy which combines proven therapeutic techniques with the most up to date psychological knowledge to relieve emotional distress and help individuals move on as quickly as possible. This approach is suitable for all individuals. It can assist all humans in understanding how their brain works and indicate why they behave in the ways they do and help explain how change can be achieved and psychological welfare maintained. It can be used in depression, anxiety, addictions, trauma, OCD and many other situations/conditions.



**Kerry Jones, South Africa**

**Mother Tongue Transcription and Translation of San Languages** Kerry Jones is a PhD Candidate from the University of KwaZulu-Natal, Linguistics Department. She specialises in Sociolinguistics, specifically focussing on the area of minority languages in southern Africa. This presentation focuses on three San languages, namely Ju|'hoansi, !Xun and Khwe and how, through collaborative efforts these languages can be recorded, transcribed, translated and taught for the benefit of invested parties. An example for such a collaborative effort is the development of the Ju|'hoan Transcription Group (JTG), the JTG mother tongue training program and the Village Schools Project (VSP) with the Ju|'hoansi of the Tsumkwe region in Namibia. Further projects in the same vicinity include computer and administrative training and assistance primarily from the Kalahari People's Fund and supplemented by other funders. In my presentation I intend to indicate and provide examples of how this successful initiative may be used as a model for future language work with both !Xun and Khwe in Platfontein and beyond.

**Israel Kodiaga, Kenya**

### **Africa beyond C21st**

#### **Reflections on the Link between Freedom, Responsibility and Africa's Future.**

Israel Kodiaga is the director of programmes, Research and Strategic Development at The African Centre for International Studies. He conducts analysis and early warning on conflicts in Africa with the aim of informing policy responses at the regional and international level, and supporting African and international efforts to prevent, manage and resolve conflict. He is a core faculty and director at Southern Delta International (SDI), member since 2009 of the advisory commission of global unification international- a leading research and advisory organization, lead consultant at consultancy Africa Intelligence and former director at the institute for National critical thinking. He has travelled widely and taught in Universities in Eastern and Southern Africa.

An avid reader, researcher and author Kodiaga has written and published widely on an array of topics on African governance, peace and security architecture. He has a firm grasp of African economic, security and governance challenges, and risk analysis. His specific areas of interest and expertise include theories of conflict in Africa, conflict management styles, conflict cycles and trends and the role of state and non-state actors to the idea of peace and security.

Besides, Israel is an emphatic believer in the need for Africa to rediscover her past glory, spot and nurture nascent talent that abound for a true renaissance.

**Jackie Euvrard, South Africa**

**Portia Mosia, South Africa**

### **'Creators of Peace Circles'**

**Portia Mosia** was born and brought up in Soweto, is 36 years old and has a 9 year old son. As trauma counselor she has worked with university students and presently she assist with counseling students and staff at Tigerkloof school in Vryburg. Portia Mosia has a certificate in 'Development Leadership Training' and participated in the

Peace Circle facilitators training in Sydney, Australia in 2009 and 2010 and 2012 in Caux and later attended and helped facilitate Peace Circles and other workshops.

Since 2010 she has given her full time to the Peace Circle programme in South Africa, co-ordinating the planning, the facilitators and events.

As part of the Creators of Peace (CoP) Co-ordination group she has a mandate to liaison with Peace Circle programmes in Africa, drawing on her experiences and knowledge from conducting Peace Circles in Zimbabwe, Cameroon and Nigeria. She was also part of the 'Workshop for Africa' programme in South Sudan, co-ordinated by IofC International, where she works full time.

**Jackie Euvrards** facilitates 'Creators of Peace Circles' workshops that create a space for women and men of different cultural backgrounds, faiths and communities to discover their peace-making potential as individuals and as a group.

It aims to help individuals and communities create a better future by consciously decontaminating the present that reflects the pain, the humiliations, the hatred from the past.

"The bullet that kills is only the final instrument of the hatred

that began being nurtured in the heart long before the gun was picked up." Henri Nouwen  
Hatred and hurt are a dynamic partnership that feeds on inequality, injustice and cruelty to contaminate the future. And no country or society is immune from it.

South Africa's remarkable ability to put centuries of racial hatred behind it in favour of reconciliation was considered a social miracle.

We have come a long way. But reality shows a still hurting and fractured country.

But with this comes the potential to make a difference. To deal with the hatred and hurt.

To heal oneself and then to help others to heal. This is a radical peace.

## **Dan Mugeru, Kenya**

### **Leading from inside to progress Freedom**

With many socio-political and economic challenges in Africa and beyond, the question may not be whether men and women are leading from the front but rather from inside.

Leading from inside is a reflection into our convictions – values, beliefs and principles which are key to progress freedom.

Dan Mugeru is a certified speaker and coach. He has facilitated speaking engagements, trainings and coaching to cooperate, governmental and non-governmental organizations, religious and education institutions in Eastern Africa. Dan is the co-founder of East African Centre for Public Speaking and the president of Dan Mugeru Enterprises. With his background in counseling and organizational psychology, Dan appears a lot on electronic media in Kenya as a psychosocial analyst on different national and social issues. In 2013 he was awarded the 'chief mentor' award by Aiducation International for his outstanding work of mentorship for hundreds of bright needy students. He is also the author of the book *'Public Speaking from the Heart'*.

**Karl B. Rietmann, Switzerland**

### **Environmental Influences to our Genetic/Epigenetic Expressions on our Blue Planet**

Creative Destructions and its Sources are seen from and with the perspectives of 'Generative Medicine'. It is a contribution to the strengthening of our own sense of responsibility. Karl B. Rietmann is a MD of the Institute for Human Individuality and is a retired engineer. 2007 he started studying 'Biology in Nutrigenomics and Epigenetics' as well as 'Frequency Therapy'. With all that he enters deeply into genotyping, wherein genetic and epigenetic expressions run our behaviours, which are the main target for getting the WHY's of our human being today. We have over 140 high tension areas on our planet (wars, fighting and unbalanced situations). All these stresses show its results and harm especially unborn, kids and our youngsters. This is not promising for our behaviours and health today and in future. So HOW should we react to this epigenetic burden?

**Elzette Rousseau, South Africa**

### **Mobile Primary Healthcare: Taking healthcare out of facilities for effective HIV prevention and care**

Elzette Rousseau is a Research Psychologist specialised in Monitoring & Evaluation and Systems Strengthening in Development Programmes mainly in the fields of youth, Restorative justice, gender-based violence, sexual/reproductive health rights, and HIV prevention. Elzette is currently a fellow of PEPFAR (President's Emergency Plan for AIDS Relief), based at the Desmond Tutu HIV Foundation (DTHF). In 2013, HIV prevalence in South Africa was estimated at 5.26million of which only 44.8% knew their HIV status. HIV and other chronic diseases are relatively inexpensive to manage when diagnosed early, however, the majority of people living in high disease burden areas do not access healthcare services due to perceived or actual barriers of accessibility, overburdened health systems, lack of confidentiality and stigma. Mobile clinics such as the Tutu tester at DTHF with point-of-care (POC) diagnostics may be a potential solution for making healthcare more accessible to hard-to-reach and high-risk populations in under-resourced communities of Africa. This shift in healthcare out of facilities and into communities could facilitate early diagnosis of HIV, which is seen as the gateway to ART and effective prevention and care.

**Dominik Schenker, Switzerland**

### **Lecture & Workshop: SpiraliK – Consciousness between Paradoxical Attraction Forces.**

As a child D. Schenker explored the world first playful about the phenomenon of motion. Later, he deepened his experience as a physical education teacher, physiotherapist, kinesiology & spiral dynamic practitioner and professionally in many directions. Over time a desire arose to unify his different perspectives in one concept, which is based on

fundamental aspects of movement processes.

Within over 17 years of research SpiraliK emerged – an energetic approach to the development of consciousness. With this approach, subconscious driving forces of development processes are visible, which produce the obvious phenomena of our manifest world. With holistic balancing techniques, these forces can be integrated and targeted re-oriented to direct processes in the desired direction.

## **Sylvester "Tee" Turner, USA**

### **How to use History as a Tool for Healing**

**'Hope in the Cities'** Workshops & training - 'think globally but to act locally'

For over two decades the workshops 'Hope in the Cities' have helped transform Richmond, VA, from a symbol of racial division to a model for reconciliation.

Through acknowledgement of history, honest conversation, personal responsibility, acts of acknowledgement and reconciliation and skills building workshops, the experiential learning offered by 'Hope in the Cities' builds capacity for community leaders.

A sustained citizen-led effort has resulted in a network of leaders in non-profit and business sectors, local government, media and education.

It engages people across the political spectrum and of all cultural and religious backgrounds.

The 'Community Trustbuilding Programs' helps to act locally and to identify and break down barriers that have caused separation between groups. It also allows building alliances with people who are trying to bring about change."

**Rev Sylvester "Tee" Turner** was born and raised in Richmond, Virginia. He is the Director of Reconciliation Programs for 'Hope in the Cities' and has served on the faculty of the 'Community Trustbuilding Programs'. During Richmond's first 'Walk through History' event, Tee stood at the foot of a monument to Confederate soldiers and sailors in Richmond. He felt the pain that he as an African-American had suffered. Then he saw it from a different perspective. The Confederates "built that monument out of grief," he said, "and they need to be healed as well."

## **Workshops**

**Judith Anger, Austria**  
**Johann Peham, Austria**

### **Ask Nature! - The answer is much simpler than you can ever imagine!**

Johann Peham and the team of PermaVitae explains with videos how shows how deserts and semi-arid land can be transformed into an oasis for humans, animals and plants.

Participants have the opportunity to show their own projects to Johann and get answers to important questions.

Permaculture is "permanent agriculture". Its intention is the conscious design and maintenance of agriculturally productive ecosystems which have the diversity, stability, and resilience of natural

ecosystems. It is the harmonious integration of landscape and people providing their needs in a sustainable way.  
The philosophy behind permaculture is one of working with, rather than against, nature and of looking at systems in all their functions, rather than asking only one yield of them.  
The Team of Judith and Johann intend to provide a practical model at Platfontein as a start for self-sustainable agriculture in a semi-arid area.  
They will bring the reports of many other areas worldwide where permaculture has been applied.

**Daya Bhagwandas, Australia and Malaysia**

### **Neuro Education - Empowering the Human Potential**

Neuro Education is the body of knowledge that explains life and learning in relation to brain development and human evolution. Daya's work with neuro education is for all age groups. It offers vital knowledge for achieving our human potential. Daya uses a Human Evolutionary Matrix, to help us understand the basic principles common to all humanity, in responding to our physiological, emotional, spiritual and intellectual demands in life.  
This session is open to all who are seeking to understand how inner transformation can lead to creating a better world. It offers unique tools that will enhance the work of educators, change makers, reconciliation and peace workers and people involved in training and leadership development.

**Anthony Duigan, South Africa**

### **Workshop: "Workshop for Africa" - A Pan-African Programme for building Ethical Leadership and Good Governance in Africa.**

Anthony Duigan was born in Pretoria, South Africa, studied philosophy, psychology & theology in Ireland and Rome before becoming a newspaper journalist for 13 years.  
He went into corporate communications, public relations strategy and speech-writing for executives for 15 years before co-founding the local branch of John Carlisle Partnerships, an international consultancy in project collaboration and effectiveness, in 1999.  
Currently coordinator of Workshop for Africa, a Pan- African programme for building ethical leadership and good governance in Africa.

**Grethe Fremming, Denmark**

### **'Goal Setting & Action from the Heart'**

'Freedom – Our Responsibility' is not primarily about freeing us from suffering and securing our own happiness. The spiritual path begins to get interesting when we recognize that transforming ourselves in the deepest possible way is in fact an evolutionary imperative, with profound consequences far beyond ourselves.  
Not only in the quantum physics, but also in daily life we have a growing recognition of the changing raiment of the universe, challenging us with new confrontations.  
We have to adapt to the new dimension of reality to replace the solving of problems

with the ability to create.

Grethe Fremming is the founder and director of the Polaris International College near Copenhagen, Denmark. She is pioneer in the field of specialized kinesiology and well known in Europe, Australia and the United States for foundational and innovative research and practice. Her dream is to accompany people (especially young people) to empower themselves to walk their path to freedom – a path of responsibility and cooperation: thus creating a new culture of sustainability, empowerment and integrity.

### **Gunilla Hamne & Ulf Sandström, Sweden**

#### **Workshop: Trauma Tapping Technique (TTT)**

#### **First Aid Technique for Emotional and Post Traumatic Stress (PTS)**

Gunilla Hamne is founder of *Peaceful Heart Network*, Trauma Tapper, Therapist and Trainer. She has a background as counselor, journalist, filmmaker (specialized in human rights and environment), massage therapist and marine biology research.

She is specialized in trauma/PTS and since seven years she works in Central Africa, teaching Trauma Tapping to different groups of people who have experienced genocide, war and other types of violence and atrocities –

Jointly with Ulf Sandström she has developed a network of Trauma Tappers and Trainers called *Peaceful Heart Network* - [www.peacefulheart.se](http://www.peacefulheart.se).

Thanks to their experience and knowledge they are invited to be part of reconciliation processes: Treating trauma is an important factor in building lasting peace.

Ulf Sandström

*Peaceful Heart Network* Co-Founder and Coach, NLP Master Trainer & Practitioner Board, International Hypnotists Guild Trauma Tapping Instructor, Hypnobirthing Instructor

Ulf Sandström is specialized in trauma working with hypnosis using the tools of Neuro Linguistic Programming (NLP) combined with his experience from working with Post Traumatic Stress and Trauma Tapping for genocide survivors in Rwanda and survivors of war and sexual abuse in Congo through *Peaceful Heart Network*. Gunilla and Ulf support these survivors to empower themselves and their communities by treating others.

### **Ayman Mahmoud, Egypt.**

#### **Workshop: Leadership in Times of Crisis**

A strategic intervention expert, author, artist, and life coach.

Ayman Mahmoud is one of the creators of life-coaching industry in Egypt.

He designed training programs to enhancing health, creating wealth and improving the learning abilities and creativity in Egypt and in the Arab world. Ayman considers himself a citizen of the world; his vision for leadership and resolving conflicts is global.

**Dominik Schenker, Switzerland**

### **Lecture & Workshop: SpiraliK - an energetic concept to the development of consciousness**

As a child I explored the world first playfully about the phenomenon of motion.

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Over time a desire arose to unify my different perspectives in one concept, which is based on fundamental aspects of movement processes.

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**Talia Smith & Charlotte Sawyer, Great Britain**

### **Creating the Conditions for Long-Term sustainable societal Change - a Focus on Youth.**

The **workshop is for high potential youth** who want to explore inner and outer dimensions of change and initiate and sustain positive change in their lives and communities

'Let's become the change we want to see in the world' - the vision of the young Talia Smith and Charlotte Sawyer for their participants.

The two consider it important to think globally and act locally and base their actions on the principles of the international movement 'Initiatives of Change'.

They hope to accompany the next generation of South Africa on its path to empowerment and are convinced that there can be a way out of strife by exchanging ideas to face the challenges concerning their communities.

**Talia Smith**, originally from South Africa, has been working for Initiatives of Change UK since October 2012. She has a Masters of Science in International Development. After a year of studying in Canada and four years working in South East Asia, she has returned her wandering spirit to London. Talia has been an adviser to local NGOs in Laos and Cambodia, providing funding, capacity building, technical advice and support. Specialising in anti-trafficking work, Talia has fundraised and networked extensively to help reduce human-trafficking and protect survivors. Now, Talia works for lofC's TIGE (Trust & Integrity in the Global Economy) project as well as the Beyond Forgiving Initiative. Talia is enthusiastic about addressing the global need of a shift in human consciousness, by working with individuals to make a personal change.

**Charlotte Sawyer** has been involved with Initiatives of Change's School for Change-Makers project since its inception five years ago as part of the organising team and the Alumni Committee. Giving facilitation in team building, values sharing and vision building workshops as well as practical and pastoral support to the programme. As a member of the International Support Team and lofC International, Charlotte has been trained in various participatory facilitation methods which she has put into practise and she works to enhance lofC's links and

communications as a Communications Associate for the International Strategy Team. Charlotte is also a highly skilled freelance videographer.

### **Antony V. Trowbridge, South Africa**

#### **Workshop: Empowering and educating communities for rural development**

Antony Trowbridge is an architect with many years experience in the design principles of famous American innovator, Buckminster Fuller. He was a planning consultant to Gold Fields, one of South Africa's major mining companies, and served on numerous committees related to the redesign of the company's own organisation and its mine housing. In 1995 he won the South African INTERBOU Award for the concept of e-villages as economically viable and ecologically sustainable human settlements.

Trowbridge is the Founder of **INTER AFRIKA PLAN** and author of the 'Peace and Development' Open Distance course of self-instruction in 'Cooperative Governance', 'Ethical Leadership' and 'Community Economics'. He has won several national and international awards. 2000 he was **Winner of the Stockholm Challenge and a World Bank Development Marketplace Award for his e-village and community economics designs, implemented in the remote Kgautswane Village in Limpopo, South Africa.**

He is currently working with rural development initiatives set up by Zulu King Goodwill Zwelithini, and Korana King, Josiah.

### **Sylvester "Tee" Turner, USA**

#### **How to use History as a Tool for Healing**

**'Hope in the Cities'** Workshops & training - 'think globally but to act locally'

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**Wilhelm Verwoerd, South Africa**

**Workshop: Sharing Life Histories - Humanising Relationships**

Wilhelm Verwoerd was born in South Africa and since 2002 has worked extensively with ex-combatants and survivors from all sides of the conflict in and about Northern Ireland. He is the author of *My Winds of Change* and many other books and publications. When working closely with Alistair Little, he developed the *Journey through Conflict* process.

Wilhelm Verwoerd grew up during the heyday of the system of Apartheid, within a white, Afrikaner family and with former Prime Minister Hendrik Verwoerd as grandfather. It took Wilhelm more than 20 years to truly face up to the systematic dehumanisation of Apartheid, leading him to join the African National Congress in the early 1990s and to work as a researcher within the Truth and Reconciliation Commission. During the 1990s Wilhelm was also a lecturer in Political Philosophy and Applied Ethics at the University of Stellenbosch.

At the end of 2012 Wilhelm moved back to South Africa to help develop the work of Beyond Walls in that challenging context (see [www.beyondwalls.co.uk](http://www.beyondwalls.co.uk)).

**Paul Weinberg, South Africa**

**Film, Photos, Workshop: The San of Today – Story, Healing, Prospect of the Future  
“Moving Spirit” – Spirituality in Southern Africa, Telling Stories and Making a Difference**

Paul Weinberg is a photographer, occasional filmmaker and writer, teacher, and archivist. He has worked extensively on human rights issues concerning indigenous people and land. His in-depth documentation about the lives of the modern San living in Namibia, Botswana and South Africa (including Platforntein) culminated in a number of exhibitions and books including *In Search of the San* and *Once We Were Hunters*.

His project *Moving Spirit* which he will talk about, explores spirituality in South Africa and the diverse and rich practice of spiritual engagement within South Africa.

Paul Weinberg was a founder member of Afrapix Photographic Agency, well known for its uncompromising stand and visual portrayal of the apartheid system and the resistance to it and later helped establish South Photographs, a family of South African documentary photographers. He presently is a curator of Visual Archives at UCT Libraries and teaches photography and film in a Documentary Arts Masters Programme, Centre for Film and Media Studies at UCT.

## **Special Events** (alphabetical order)

**Yvonne H. Koch, Switzerland**

### **Twelve Movements for „Freedom – Our Responsibility“**

Freedom is a goal we strive to achieve on the political and economic levels with political and economic means. We mostly understand freedom to be a physical and social state of being. Often we overlook though the relevance of freedom as a personal experience, of freedom as a state of being which depends on our individual outlook to life, our patterns of everyday life, our spiritual visions.

Yvonne H. Koch has focused her work on simple tools to experience freedom as a holistic state of harmony, centeredness and connection of the individual to nature and the universe – but foremost to himself/herself. She has developed 12 specific, easy exercises which promote the connection between individual and universe, between one person and humanity.

These she offers a very down-to-earth way of feeling and being in peace and harmony and thereby co-creating the precious and elusive state of Freedom.

Yvonne H. Koch works as Spiritual and Psychological Consultant, kinesiology practitioner and is author of several books.

**Diana Thommen, Switzerland**

### **Sounds of Singing Bowls for Peace, Love and Humanity**

Sound and vibrations of singing bowls connect people on the energetic and the physical mind level for freedom and cordiality. Every cell of our body dances to the new rhythm for well-being towards inner peace and equanimity.

Diana Thommen is kinesiology practitioner, movement and sound therapist.

Since 20 years she accompanies people on their path to consciousness, transformation and growth in her practice, her seminars and workshops throughout Europe.

Some years ago, when hiking in the Himalaya, she detected the effect of sound and vibration of singing bowls on her whole system of body-mind-spirit. Motivated by the experience of her own transformation, she began to include singing bowls in her work. Together with clients and participants of her workshops she developed new techniques and enriched her knowledge with courses in sound therapy in Kathmandu, Nepal, and with sound massage after Peter Hess, D. Diana Thommen is happy to tune us in for the day with her singing bowls.

During 27 & 28 September she offers personal sessions and sound space for those who would like to relax.