

Topics and Speakers for specific Faculties and Interest Groups

International Conference “Freedom – Our Responsibility” 26 – 30 Sept. 2014 UFS Bloemfontein

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Faculties and Fields of Interest

7 Health Sciences

- **Sue Hanish, Great Britain**

Remediating Trauma

In 1991 Sue Hanish was severely injured by a terrorist bomb in Victoria Station in London. Since becoming an amputee she has gained much personal insight into physical disability, **Post Traumatic Stress along with the lasting effects of trauma on the body.**

Sue now works with children who have experienced severe trauma, as well as other individuals who require relief from traumatic events including returning and active service personnel. She also works overseas with survivors from violence and wars and in refugee camps as well as with displaced persons who live in extreme hardship.

Sue is part of the Sustainable Peace Project in Northern Ireland and works with ex-paramilitaries. She is also part of the Legacy Project at the Peace Centre in Warrington as well as doing work for the Forgiveness project.

By using the “Human Givens Approach” to development and change, Sue helps individuals to understand their own emotional needs. She teaches them how to understand how their brain is working in adapting/refusing to change following trauma.

- **Gunilla Hamne & Ulf Sandström, Sweden**

Workshop: Trauma Tapping Technique (TTT)

First Aid Technique for Emotional and Post Traumatic Stress (PTS)

Treating trauma is an important factor in building lasting peace.

Gunilla Hamne is founder of *Peaceful Heart Network*, Trauma Tapper, Therapist and Trainer. She has a background as counselor, journalist, filmmaker (specialized in human rights and environment), massage therapist and marine biology research and is specialized in trauma/PTS. She has worked in Central Africa for seven years, **teaching Trauma Tapping to different groups of people who have experienced genocide, war and other types of violence and atrocities** – Jointly with Ulf Sandström she has developed a network of Trauma Tappers and Trainers called *Peaceful Heart Network*.

- **Skills Education College, Switzerland** **Beatrice Gregus & Sandra Rindler**
‘Vocational Skills Education System’ - Skills & Academic Education with Benefit for Economy and Society

Sandra Rindler and Beatrice Gregus, Teachers of Trade, **Bachelors in Science of Nursing**, present the Swiss ‘Vocational Skills Education System’, where **skills and academic education are rotationally taught**.

This system has a long tradition in Switzerland and it is one of the keys to a successful access to the economic world and crucial for a low unemployment rate of the youth.

It opens the door to lifelong learning and development of economic power and social and political competence; a model that has currently been studied by many nations and that is applicable anywhere - an extremely empowering concept.

- **Elzette Rousseau, South Africa**

**Mobile Primary Healthcare:
Taking healthcare out of facilities for effective HIV prevention and care**

Mobile clinics such as the Tutu tester at DTHF with point-of-care (POC) diagnostics may be a potential solution for **making healthcare more accessible to hard-to-reach and high-risk populations** in under-resourced communities of Africa. This shift in healthcare out of facilities and into communities could facilitate early diagnosis of HIV, which is seen as the gateway to ART and effective prevention and care.

Elzette Rousseau is a Research Psychologist specialised in Monitoring & Evaluation and Systems Strengthening in Development Programmes mainly in the fields of youth, restorative justice, gender-based violence, sexual/reproductive health rights, and HIV prevention.

Elzette is currently a fellow of PEPFAR (President's Emergency Plan for AIDS Relief), based at the Desmond Tutu HIV Foundation (DTHF).

- **Dominik Schenker, Switzerland** **Lecture & Workshop:**

SpiraliK - an energetic concept to the development of consciousness

Physical education teacher, physiotherapist, kinesiology & spiral dynamic practitioner.

Schenker developed a concept, which is based on different perspectives fundamental aspects of movement processes – SpiraliK, an energetic approach to the development of consciousness. With this approach, subconscious driving forces of development processes are visible, which produce the obvious phenomena of our manifest world.

With holistic balancing techniques, these forces can be integrated.

For other faculties and fields of interest & more information about the speakers

please check <http://zafor.org/contributors/speakers> on www.zafor.org

1 Natural, Agricultural & Building Sciences

- 1.1 Agriculture & Food Security
- 1.2 Water Retention System & Reclamation of Land
- 1.3 Architecture & Town Planning

2 Science, Engineering & Technology

3 Economic & Management Sciences

- 3.1 Leadership & Ethics

- 3.2 Economy & Management
- 3.3 Community Building, Empowerment, Micro-Financing, ...

4 Law, Constitution & Conflict Resolution

- 4.1 Law & Conflict Resolution
- 4.2 Constitution

5 Human Sciences & Theology

- 5.1 History & Policy Studies
- 5.2 Psychology, Philosophy, Theology, Sociology

6 Education

7 Health Sciences

8 Film & Arts

8 Film & Arts

- **Paul Weinberg, South Africa**

- The San of Today (photographic and film contributions);**

- Moving Spirit, workshop/panel on Telling Stories and Making a Difference**

- Paul Weinberg is a photographer, occasional filmmaker and writer, teacher, and archivist. He has worked extensively on human rights issues concerning indigenous people and land. His **in-depth documentation about the lives of the modern San** living in Namibia, Botswana and South Africa (including Platfontein) culminated in a number of exhibitions and books including ***In Search of the San*** and ***Once We Were Hunters***.

- His project ***Moving Spirit*** which he will talk about, explores spirituality in South Africa and the diverse and rich practice of spiritual engagement within South Africa.

- Paul Weinberg was a **founder member of Afrapix Photographic Agency**, well known for its uncompromising stand and visual portrayal of the apartheid system and the resistance to it and later **helped establish South Photographs**, a family of South African documentary



photographers.

He presently is a curator of Visual Archives at UCT Libraries and teaches photography and film in a Documentary Arts Masters Programme, Centre for Film and Media Studies at UCT.

- **Howard Grace**, Great Britain

Documentary Film: “Beyond Forgiving – A South African Story”

Executive Director of the Film *Beyond Forgiving*.

After studying physics and 14 years working on a voluntary basis with Initiatives of Change, mostly overseas in the 1970s, he spent three-and-a-half years in South Africa with his young family supporting friends who were engaged with bringing change to their country. But in 1979 had to leave at very short notice due to falling foul of the security police. At the age of 40, back in England, he trained to be a mathematics teacher. In 1995 he developed a programme going into senior High Schools to stimulate thought about purpose in life and motivation.

In 2003 he met Ginn and Letlapa and invited Letlapa to join him in this programme for six weeks. The impact that this made eventually led to Howard deciding to make a film of the story so that it could reach out to the world. With director Imad Karam and a camera man he went back to South Africa for the first time in 33 years to do the filming for ***Beyond Forgiving***. For him it is especially fulfilling to be able to support the telling of such an inspiring story emerging from that painful era. **His focus is on the use and promotion of the film internationally.**

- **Barbara Nussbaum**, South Africa

Workshop: Music in Life Orientation MILO, Leadership & Ubuntu

Barbara Nussbaum is a champion of humanising the work place, developing conscious leadership and giving voice to the philosophy and practice of Ubuntu.

She has offered her music workshops in the USA, Europe, Zimbabwe and South Africa.

She consults to companies, NGOs and individuals as a mentor and coach, helping them to develop personal mastery and team development.

Working with music she developed an inspirational methodology for enabling people to **hear and honor their unique gifts - their inner music.**

Barbara has been affiliated with Wits Business School and CIDA City Campus in Gauteng both in research and in teaching roles at graduate levels. She was the initiator and lead author of “**Personal Growth African Style**”, written for young leaders, offering a framework for developing self-reflection, strengthening identity and defining life purpose.