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Neuro Education - Empowering the Human Potential

Neuro Education is the body of knowledge that explains life and learning in relation to brain development and human evolution. Daya's work with neuro education is for all age groups. It offers vital knowledge for achieving our human potential. Daya uses a Human Evolutionary Matrix, to help us understand the basic principles common to all humanity, in responding to our physiological, emotional, spiritual and intellectual demands in life.

This session is open to all who are seeking to understand how inner transformation can lead to creating a better world. It offers unique tools that will enhance the work of change makers, reconciliation and peace workers and people involved in training and leadership development.

Understand the inner resources available for deepening the experience of quiet time, meditation and reflection and its contribution to wellbeing and meaningful integration.

Drawing on insights from the application of this knowledge, the presentation will explain basic concepts on the chemistry of wellness and healing, supported with case studies. Daya will be unpacking the different dimensions of our human journey by making the connection between the human physiology, human brain and the human potential.

Key words: Human potential – empowerment – healing – tools for change makers