

Marina Cantacuzino

Forgiveness – A moral Minefield; Founder of the ‘The Forgiveness Project’



Marina Cantacuzino, Great Britain
Panel on Forgiveness & Conciliation

Marina Cantacuzino, is the founder and director of
The Forgiveness Project.

Her background is journalism and in 2003 she embarked on a personal project collecting stories in words and portraits of people who had lived through violence, tragedy or injustice and sought forgiveness rather than revenge. As a result Marina founded, The Forgiveness Project, a UK-based non-profit that uses the real stories of victims and perpetrators to examine how ideas around forgiveness, reconciliation and restorative justice can be used to impact positively on people’s lives.

The Forgiveness Project is a non-partisan and non-religious initiative that works with the public, prisons, schools, faith communities and any other group wishing to explore the nature

of forgiveness and alternatives to conflict, whether in the wider political context or within individual lives. Marina is a Huffington Post blogger and co-creator of www.theforgivenessstoolbox.com.

ABSTRACT: Forgiveness – A Moral Minefield

The lecture will explore the complexity of forgiveness and ask why it is important. The Forgiveness Project is a place of inquiry and discovery and Marina challenges the notion of forgiveness as being something that is morally unassailable or an imperative within psychology. Using examples from the many people whose stories she has collected along the way, Marina attempts to unpick, examine and grapple with the concept of forgiveness as difficult, costly and painful – but also healing and transformative.

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