

Karl B. Rietmann

Environmental Influences to our Genetic/Epigenetic Expressions on our Blue Planet



Creative Destructions and its Sources are seen from and with the perspectives of Generative Medicine. It is a contribution to the strengthening of our Own Sense of Responsibility.

Karl B. Rietmann is a MD of the Institute for Human Individuality and is a retired Engineer. Then 2007 he started studying Biology in Nutrigenomics and Epigenetics as well as Frequency Therapy. With all that he enters deeply into Genotyping, wherein Genetic and Epigenetic Expressions run our Behaviours, which are the main target for getting the WHY's of our Human being today.

We have over 140 high tension areas on our planet (Wars, Fighting's and unbalanced Situations) all these stresses show its results and harm specially Unborn, Kids and our Youngsters. This is not promising for our Behaviours and Health Today and in Future. And now HOW we have to do Regression to this Epigenetic Burden?

Key words:

Generative Medicine includes all views on Reductionism (Western Medicine), Holism (Complementary Alternative Medicine) and Biology of our nature where **Creative Destructions** play the key roles to our Well Being. <http://www.generativemedicine.org/>

Nutrigenomics is the study of molecular relationship between nutrition and the response of genes, with the aim of extrapolating how such subtle changes can affect human health. **Nutrigenomics** focuses also on the effect of nutrients on the genome, proteome, and the metabolome. It has also been associated with the idea of personalized nutrition based on **Genotype**.